

LINTON MIDDLE/HIGH SCHOOL	Daily Breakfast meal includes: main entrée <u>OR</u> cereal & toast with fruit & milk/juice Daily lunch entrée may be substituted with a peanut butter sandwich. For questions or nutritional information about the lunch program please contact Jessica Taylor, Food Services Director, at 812-847-6024 ext. 406.				
<p><b>Offer Vs. Serve</b> Students must take <u>at least</u> ½ cup fruit <u>or</u> vegetable and two additional <b>components</b> of their choice to make a complete tray. Students may decline any other component.</p> <p><b>The 5 Components</b> are: Milk, Grain, Meat/Meat Alternate, Fruits, and Vegetables.</p>	December 4	December 5	December 6	December 7	December 8
	B: Pop tart  L: Pepperoni Pizza OR Chicken Sand. Carrots Fries Pears	B: French Toast  L: BBQ Rib Sand. OR Chicken Sand. Baked Beans Broccoli Mand. Oranges	B: Cereal & Toast  L: Pancakes Sausage OR Chicken Sand. Hash browns Celery Apples	B: Muffin  L: Chili w. ½ PB Sand & Crackers OR Chicken Sand. Sw. Potato Fries Salad Straw& Bananas	B: Calzone  L: Fish Sand. OR Chicken Sand. Tomatoes & Mac Cucumbers Fruit Cocktail Cookie
<p>Daily choices of low-fat white or fat-free chocolate milk.</p> <p>Breakfast (starting at 7:30 am):</p> <p>Regular: \$1.50 Reduced: \$0.30 Adult: \$1.80</p> <p>Lunch:</p> <p>Regular: \$2.85 Reduced: \$0.40 Adult: \$3.45</p>	December 11	December 12	December 13	December 14	December 15
<p>Daily choices of low-fat white or fat-free chocolate milk.</p> <p>Breakfast (starting at 7:30 am):</p> <p>Regular: \$1.50 Reduced: \$0.30 Adult: \$1.80</p> <p>Lunch:</p> <p>Regular: \$2.85 Reduced: \$0.40 Adult: \$3.45</p>	B: Donut  L: Chicken Bites w. Roll OR CFS Sand Carrots Celery Straw/Blue.	B: Sausage & Biscuit  L: Corndog OR CFS Sand Baked Beans Salad Applesauce	B: Cereal & Toast  L: Biscuit & Gravy Sausage OR CFS Sand Hash Browns Red Peppers Peaches	B: Pizza  L: Beef Stroganoff w. Bread OR CFS Sand Sw. Potatoes Broccoli Pears Brownie	B: Cinn. Raisin Toast  L: Turkey Man w. Roll OR CFS Sand Green Beans Mash. Potatoes Pineapple
<p>Daily choices of low-fat white or fat-free chocolate milk.</p> <p>Breakfast (starting at 7:30 am):</p> <p>Regular: \$1.50 Reduced: \$0.30 Adult: \$1.80</p> <p>Lunch:</p> <p>Regular: \$2.85 Reduced: \$0.40 Adult: \$3.45</p>	December 18	December 19	December 20	December 21	December 22
<p>Daily choices of low-fat white or fat-free chocolate milk.</p> <p>Breakfast (starting at 7:30 am):</p> <p>Regular: \$1.50 Reduced: \$0.30 Adult: \$1.80</p> <p>Lunch:</p> <p>Regular: \$2.85 Reduced: \$0.40 Adult: \$3.45</p>	B: Pancakes  L: Cheese Breadsticks OR Grilled Cheese Marinara Peas Applesauce Cookie	B: Early Riser w. Toast  L: Coney Dog OR Grilled Cheese Celery Broccoli Mand. Oranges	B: Cereal & Toast  L: Country Fr Stk. w. Roll OR Grilled Cheese Mash. Potatoes Green Beans Apples	B: Egg and Toast  L: Chicken Nug. w. Scooby Snacks OR Grilled Cheese Baked Beans Sw. Potato Fries Fruit Fluff	<p><b>CHRISTMAS BREAK</b></p> <p><b>NO SCHOOL</b></p>
<p>Daily choices of low-fat white or fat-free chocolate milk.</p> <p>Breakfast (starting at 7:30 am):</p> <p>Regular: \$1.50 Reduced: \$0.30 Adult: \$1.80</p> <p>Lunch:</p> <p>Regular: \$2.85 Reduced: \$0.40 Adult: \$3.45</p>	December 25	December 26	December 27	December 28	December 29
<p>Daily choices of low-fat white or fat-free chocolate milk.</p> <p>Breakfast (starting at 7:30 am):</p> <p>Regular: \$1.50 Reduced: \$0.30 Adult: \$1.80</p> <p>Lunch:</p> <p>Regular: \$2.85 Reduced: \$0.40 Adult: \$3.45</p>	<p><b>CHRISTMAS BREAK</b></p> <p><b>NO SCHOOL</b></p>	<p><b>CHRISTMAS BREAK</b></p> <p><b>NO SCHOOL</b></p>	<p><b>CHRISTMAS BREAK</b></p> <p><b>NO SCHOOL</b></p>	<p><b>CHRISTMAS BREAK</b></p> <p><b>NO SCHOOL</b></p>	<p><b>CHRISTMAS BREAK</b></p> <p><b>NO SCHOOL</b></p>
	January 1	January 2	January 3	January 4	January 5
	<p><b>CHRISTMAS BREAK</b></p> <p><b>NO SCHOOL</b></p>	<p><b>CHRISTMAS BREAK</b></p> <p><b>NO SCHOOL</b></p>	B: Cereal & Toast L: Chicken Sand. OR Cheeseburger Tomatoes & Mac Cucumbers Fruit Cocktail Cookie	B: Muffin L: Chili w. ½ PB Sand & Crackers OR Cheeseburger Corn Celery Straw& Bananas	B: Calzone L: Chicken Alf. w. Garlic Toast OR Cheeseburger Salad Broccoli Apples

MENU SUBJECT TO CHANGE WITHOUT NOTICE DUE TO PRODUCT AVAILABILITY.