

INTON ELEMENTARY SCHOOL	Daily Breakfast meal includes: main entrée OR cereal & toast with fruit & milk/juice. Daily lunch entrée may be substituted with a peanut butter or cheese sandwich. For questions or nutritional information about the lunch program please contact Jessica Taylor, Food Service Director, at 812-847-6024 ext. 4006.				
<u>Offer Vs. Serve</u>	October 1	October 2	October 3	October 4	October 5
<p>Breakfast: Students must take <u>at least</u> ½ cup fruit <u>or</u> vegetable and two additional components of their choice to complete a tray. Students may decline any other component. The 3 Components of breakfast are: Milk, Grain, Fruit</p> <p>Lunch: Students must take <u>at least</u> ½ cup fruit <u>or</u> vegetable and two additional components of their choice to make a complete tray. Students may decline any other component. The 5 Components of lunch are: Milk, Grain, Meat/Meat Alternate, Fruits, and Vegetables.</p> <p>Daily choices of low-fat white or fat-free chocolate milk.</p> <p>Breakfast (starting at 7:30 am): Regular: \$1.50 Reduced: \$0.30 Adult: \$1.85</p> <p>Lunch: Regular: \$2.85 Reduced: \$0.40 Adult: \$3.50</p>	<p>B: Cereal & Toast</p> <p>L: Pizza French Fries Baked Beans Mand. Oranges</p>	<p>B: Pancakes</p> <p>L: Fett. Alfredo w. Garlic Bread Broccoli Salad Fruit Salad</p>	<p>B: Cereal & Toast</p> <p>L: Biscuit & Gravy Sausage Hash brown Veggie Juice Apples</p>	<p>B: Pop-tarts</p> <p>L: BBQ Chicken Green Beans Carrots Peaches</p>	<p>B: Cereal and Toast</p> <p>L: Chicken Nuggets Ranch Potatoes Celery w. Dip Pineapple Cookie</p>
	<p>October 8</p> <p>B: Cereal & Toast</p> <p>L: Ham & Cheese Cucumbers Sw. Potato Fries Straw/Blue.</p>	<p>October 9</p> <p>B: Bagel</p> <p>L: Corndog Broccoli & Dip Baked Beans Bananas Brownie</p>	<p>October 10</p> <p>B: Cereal & Toast</p> <p>L: Pancakes Sausage Hash Browns Celery & Dip Applesauce</p>	<p>October 11</p> <p>FALL BREAK</p> <p>NO SCHOOL</p>	<p>October 12</p> <p>FALL BREAK</p> <p>NO SCHOOL</p>
	<p>October 15</p> <p>B: Cereal & Toast</p> <p>L: Cheese Breadsticks Marinara Corn Applesauce Cookie</p>	<p>October 16</p> <p>B: Early Riser W. Toast</p> <p>L: Chicken Sand. Broc. & Cheese Swt. Potato Fries Mand. Oranges</p>	<p>October 17</p> <p>B: Cereal & Toast</p> <p>L: Country Fr Stk w. Roll Mash. Potatoes Green Beans Apples Slices</p>	<p>October 18</p> <p>B: Muffin w. Toast</p> <p>L: Hot Dog Baked Beans Carrots & Dip Fruit Salad</p>	<p>October 19</p> <p>B: Cereal & Toast</p> <p>L: Taco in a Bag Refried Beans Salad Peaches</p>
	<p>October 22</p> <p>B: Cereal & Toast</p> <p>L: BBQ Pork Baked Beans Broccoli & Dip Pears</p>	<p>October 23</p> <p>B: Donut</p> <p>L: Toasted Cheese Corn Tomatoes Pineapple Cake</p>	<p>October 24</p> <p>B: Cereal & Toast</p> <p>L: French Toast Sausage Tater Tots Sweet Potatoes Apples</p>	<p>October 25</p> <p>B: Pizza</p> <p>L: Chick Noodles w. Roll Mash. Potatoes Green Beans Bananas</p>	<p>October 26</p> <p>B: Cereal & Toast</p> <p>L: Flatizza Broccoli Salad Applesauce</p>
	<p>October 29</p> <p>B: Cereal & Toast</p> <p>L: Pizza French Fries Baked Beans Mand. Oranges</p>	<p>October 30</p> <p>B: Pancakes</p> <p>L: Chili Broccoli Salad Fruit Salad</p>	<p>October 31</p> <p>B: Cereal & Toast</p> <p>L: Chicken Nuggets Ranch Potatoes Celery w. Dip Pineapple Cookie</p>	<p>November 1</p> <p>B: Pop-tarts</p> <p>L: BBQ Chicken Green Beans Carrots Peaches</p>	<p>November 2</p> <p>B: Cereal & Toast</p> <p>L: Breakfast Sandwich Hash brown Veggie Juice Apples</p>

MENU SUBJECT TO CHANGE WITHOUT NOTICE DUE TO PRODUCT AVAILABILITY.