

<p>LINTON ELEMENTARY SCHOOL</p>	<p>Daily Breakfast meal includes: main entrée OR cereal & toast with fruit & milk/juice. Daily lunch entrée may be substituted with a peanut butter or cheese sandwich. For questions or nutritional information about the lunch program please contact Jessica Taylor, Food Service Director, at 812-847-6024 ext. 4006.</p>				
<p>Offer Vs. Serve</p> <p>Breakfast: Students must take <u>at least</u> ½ cup fruit <u>or</u> vegetable and two additional components of their choice to complete a tray. Students may decline any other component. The 3 Components of breakfast are: Milk, Grain, Fruit</p> <p>Lunch: Students must take <u>at least</u> ½ cup fruit <u>or</u> vegetable and two additional components of their choice to make a complete tray. Students may decline any other component. The 5 Components of lunch are: Milk, Grain, Meat/Meat Alternate, Fruits, and Vegetables.</p> <p>Daily choices of low-fat white or fat-free chocolate milk.</p> <p>Breakfast (starting at 7:30 am): Regular: \$1.50 Reduced: \$0.30 Adult: \$1.85</p> <p>Lunch: Regular: \$2.85 Reduced: \$0.40 Adult: \$3.50</p>	<p>November 5</p> <p>B: Cereal & Toast</p> <p>L: Pizza French Fries Baked Beans Mand. Oranges</p>	<p>November 6</p> <p>B: Pancakes</p> <p>L: Fish Mac & Cheese Broccoli Green Beans Fruit Salad</p>	<p>November 7</p> <p>B: Cereal & Toast</p> <p>L: Breakfast Cass w. Toast Veggie Juice Apples</p>	<p>November 8</p> <p>B: Pop-tarts</p> <p>L: Corndog Carrots Salad Peaches Cookie</p>	<p>November 9</p> <p>B: Cereal and Toast</p> <p>L: Chicken Sandwich Ranch Potatoes Celery w. Dip Pineapple</p>
	<p>November 12</p> <p>B: Cereal & Toast</p> <p>L: Quesadilla Baked Beans Sw. Potato Fries Straw/Blue.</p>	<p>November 13</p> <p>B: Bagel</p> <p>L: Hamburger Broccoli & Dip Carrots Bananas Brownie</p>	<p>November 14</p> <p>B: Cereal & Toast</p> <p>L: Pancakes Sausage Hash Browns Celery & Dip Applesauce</p>	<p>November 15</p> <p>B: French Toast</p> <p>L: Turkey & Gravy w. Roll Mash. Potatoes Green Beans Fruit Salad Pumpkin Fluff</p>	<p>November 16</p> <p>B: Cereal & Toast</p> <p>L: Nacho Boat Refried Beans Salad Peaches</p>
	<p>November 19</p> <p>B: Cereal & Toast</p> <p>L: Cheese Breadsticks Marinara Corn Applesauce Cookie</p>	<p>November 20</p> <p>B: Early Riser W. Toast</p> <p>L: Chicken Nuggets Broc. & Cheese French Fries Mand. Oranges</p>	<p>November 21</p> <p>NO SCHOOL</p> <p>THANKSGIVING BREAK</p>	<p>November 22</p> <p>NO SCHOOL</p> <p>THANKSGIVING BREAK</p>	<p>November 23</p> <p>NO SCHOOL</p> <p>THANKSGIVING BREAK</p>
	<p>November 26</p> <p>B: Cereal & Toast</p> <p>L: Toasted Cheese Corn Tomatoes Pineapple</p>	<p>November 27</p> <p>B: Donut</p> <p>L: Flatizza Broccoli Salad Applesauce Bread Pudding</p>	<p>November 28</p> <p>B: Cereal & Toast</p> <p>L: French Toast Sausage Tater Tots Veggie Juice Apples</p>	<p>November 29</p> <p>B: Pizza</p> <p>L: Chick Noodles w. Roll Mash. Potatoes Green Beans Bananas</p>	<p>November 30</p> <p>B: Cereal & Toast</p> <p>L: Sloppy Joe Baked Beans Broccoli & Dip Pears</p>
	<p>MENU SUBJECT TO CHANGE WITHOUT NOTICE DUE TO PRODUCT AVAILABILITY.</p>				