

<p>LINTON MIDDLE/HIGH SCHOOL</p>	<p>Daily Breakfast meal includes: main entrée OR cereal & toast with fruit & milk/juice Daily lunch entrée may be substituted with a peanut butter sandwich. For questions or nutritional information about the lunch program please contact Jessica Taylor, Food Services Director, at 812-847-6024 ext. 406.</p>					
<p>Offer Vs. Serve Students must take <u>at least</u> ½ cup fruit <u>or</u> vegetable and two additional components of their choice to make a complete tray. Students may decline any other component. The 5 Components are: Milk, Grain, Meat/Meat Alternate, Fruits, and Vegetables.</p> <p>Daily choices of low-fat white or fat-free chocolate milk.</p> <p>Breakfast (starting at 7:30 am):</p> <p>Regular: \$1.50 Reduced: \$0.30 Adult:\$1.80</p> <p>Lunch:</p> <p>Regular: \$2.85 Reduced: \$0.40 Adult: \$3.45</p>	<p>March 5</p>	<p>March 6</p>	<p>March 7</p>	<p>March 8</p>	<p>March 9</p>	
	<p>B: Pop tart</p> <p>L: Cheese Pizza OR Chicken Sand. Carrots Fries Fruit, Variety</p>	<p>B:French Toast</p> <p>L: General Tso’s w. Rice OR Chicken Sand. Salad Broccoli Fruit, Variety</p>	<p>B: Cereal & Toast</p> <p>L: Pancakes w. Sausage OR Chicken Sand. Hash browns Veggie Juice Fruit, Variety</p>	<p>B: Muffin & Toast</p> <p>L: Cheeseburger OR Chicken Sand. Celery Baked Beans Fruit, Variety</p>	<p>B: Calzone</p> <p>L: Coney Dog OR Chicken Sand. Sw. Potato Fries Cucumbers Fruit, Variety Cookie</p>	
	<p>March 12</p> <p>B: Donut</p> <p>L: Corndog OR CFS Sand Baked Beans Salad Fruit, Variety Brownie</p>	<p>March 13</p> <p>B: Sausage & Biscuit</p> <p>L: Chicken Bites w. Roll OR CFS Sand Carrots Celery Fruit, Variety Jell-O</p>	<p>March 14</p> <p>B: Cereal & Toast</p> <p>L: Biscuit & Gravy w. Sausage OR CFS Sand Hash Browns Veggie Juice Fruit, Variety</p>	<p>March 15</p> <p>B: Pizza</p> <p>L: Ham and Cheese Stuffer OR CFS Sand Sw. Potatoes Broccoli Fruit, Variety</p>	<p>March 16</p> <p>B: Cinnamon Toast</p> <p>L: Fish Sandwich OR CFS Sand Green Beans Mash. Potatoes Fruit, Variety</p>	
	<p>March 19</p> <p>B: Calzone</p> <p>L: Spaghetti w. Garlic Toast OR Grilled Cheese Corn Salad Fruit, Variety</p>	<p>March 20</p> <p>B: Early Riser w. Toast</p> <p>L: BBQ Pork Rib OR Grilled Cheese Sw. Potato Fries Broccoli Fruit, Variety</p>	<p>March 21</p> <p>B: Cereal & Toast</p> <p>L: French Toast w. Sausage OR Grilled Cheese Celery Veggie Juice Fruit, Variety Jell-O</p>	<p>March 22</p> <p>B: Egg and Toast</p> <p>L: Chicken Noodles w. Roll OR Grilled Cheese Mash. Potatoes Green Beans Fruit, Variety</p>	<p>March 23</p> <p>B: Burrito</p> <p>L: Taco Boat OR Grilled Cheese Refried Beans Salad Fruit, Variety Cookie</p>	
	<p>March 26</p> <p>SPRING BREAK</p>	<p>March 27</p> <p>SPRING BREAK</p>	<p>March 28</p> <p>SPRING BREAK</p>	<p>March 29</p> <p>SPRING BREAK</p>	<p>March 30</p> <p>SPRING BREAK</p>	
	<p>MENU SUBJECT TO CHANGE WITHOUT NOTICE DUE TO PRODUCT AVAILABILITY.</p>					